CLAIMS:

What is claimed is:

1. A fastening element having a rear grip member (11; 31; 52; 64) for introduction into a mounting opening (17) of a hollow body (2; 63), in a first position, and for gripping holding projections (6.1, 6.2; 75.1, 75.2) arranged in the hollow body (2; 63), in a second position, and at least one stop (12; 53; 65) for front outward biasing the edges (5.1, 5.2) of the hollow body longitudinal walls abutting the mounting opening (17), wherein the stop (12, 53, 65) is connected with the rear grip member (11; 31; 52; 64) by a fastener means (13; 54; 66), wherein a spacer element (14, 33, 55, 67) having at least one securing means (15.1, 15.2, 57.1, 57.2; 68.1, 68.2) is arranged between the stop (12. 53; 65) and the rear grip member (11; 31; 52; 64) for temporary fixing of the rear grip element (11; 31; 52;64) in at least one of the first position and the second position, and wherein each of the securing means (15.1, 15.2; 57.1, 57.2; 68.1, 68.2) is mounted spring-biased on the spacer element (14; 33; 55; 67).

2. The fastening element of claim 1, wherein the spacer element (14; 33; 55; 67) is a separate part.

3. The fastening element of claim 1, wherein the at least one securing means (15.1, 15.2, 57.1, 57.2; 68.1, 68.2) comprises a projection for engaging in at least one holder (56.1, 56.2) including a complementary securing means, for example a recess (16.1, 16.2, 18.1, 18.2; 69.1, 69.2, 70.1, 70.2), wherein the securing means (15.1, 15.2; 57.1, 57.2; 68.1, 68.2) and the complementary securing means (16.1, 16.2, 18.1, 18.2; 56.1. 56.2; 69.1, 69.2, 70.1, 70.2) co-operate form-locking in at least one of the first and the second position and wherein the securing means (15.1,

15.2; 57.1, 57.2; 68.1, 68.2) and the complementary securing means (16.1, 16.2, 18.1, 18.2; 56.1. 56.2; 69.1, 69.2, 70.1, 70.2) can be, by virtue of an axial movement of the fastening means (13; 54; 66), positioned perpendicular to the stop (12; 53; 65), the fastening element (1; 51; 61) between the first position and the position serving as the transport position, and at least one other position serving as a securing position.

4. The fastening element of claim 3, wherein at least double as many complementary securing means (16.1, 16.2, 18.1, 18.2; 69.1, 69.2, 70.1, 70.2) are provided on the stop (12; 65) as securing means (15.1, 15.2; 68.1, 68.2) on the spacer element (14;33;67) for producing at least the transport position and the at least one securing position of the fastening element (1; 51; 61).

5. The fastening element of claim 1, wherein the securing means are two projections (15.1, 15.2; 68.1, 68.2) arranged diametrically opposed on the spacer element (14; 33; 67) that, in the first position, engage form-locking in two recesses (16.1, 16.2; 69.1, 69.2) of the connection, wherein the recesses (16.1, 16.2; 69.1, 69.2) receive the projections (15.1, 15.2; 68.1, 68.2) only in part.

6. The fastening element of claim 3, wherein the complementary securing means (16.1, 16.2; 69.1, 69.2) defining one of the first position and the transport position have a depth X for the securing means (15.1, 15.2; 68.1, 68.2), and the complementary securing means (18.1, 18.2; 70.1, 70.2) defining one of the second position and the securing position have a depth (X1) greater than the depth (X).

7. The fastening element of claim 1, wherein the spacer element (14; 33; 55; 67) is an essentially annular element arranged on the side of the fastening element (1; 51; 61) facing away from the rear grip member (11; 31; 52; 64).

8. The fastening element of claim 1, wherein the spacer element (14; 33; 55; 67) has spring biased, two clips (19.1, 19.2; 34.1, 34.2; 74.1, 74.2) that, in one of the second position and the securing position, clamps the fastening element (1; 51; 61) to the holding projections (6.1, 6.2; 75.1, 75.2) perpendicular to the stop (12; 53; 65).

9. The fastening element of claim 8, wherein the clip (34.1, 34.2) has an integrated stop (35.1, 35.2).

10. The fastening element of claim 1, wherein the spacer element (14; 33; 55; 67) forms one piece with the securing means (15.1, 15.2; 57.1, 57.2; 68.1, 68.2) and the spring-biased elements (43.1, 43.2, 44.1, 44.2).

11. The fastening element of claim 3, wherein the complementary securing means (16.1, 16.2, 18.1, 18.2; 69.1, 69.2, 70.1, 70.2) is a recess.

12. The fastening element of claim 10, wherein the spacer element (14; 33; 55; 67) is made of a plastic.

13. The fastening element of claim 8, wherein the spring biased, two clips (19.1, 19.2; 34.1, 34.2; 74.1, 74.2) are arranged diametrically opposed to each other.